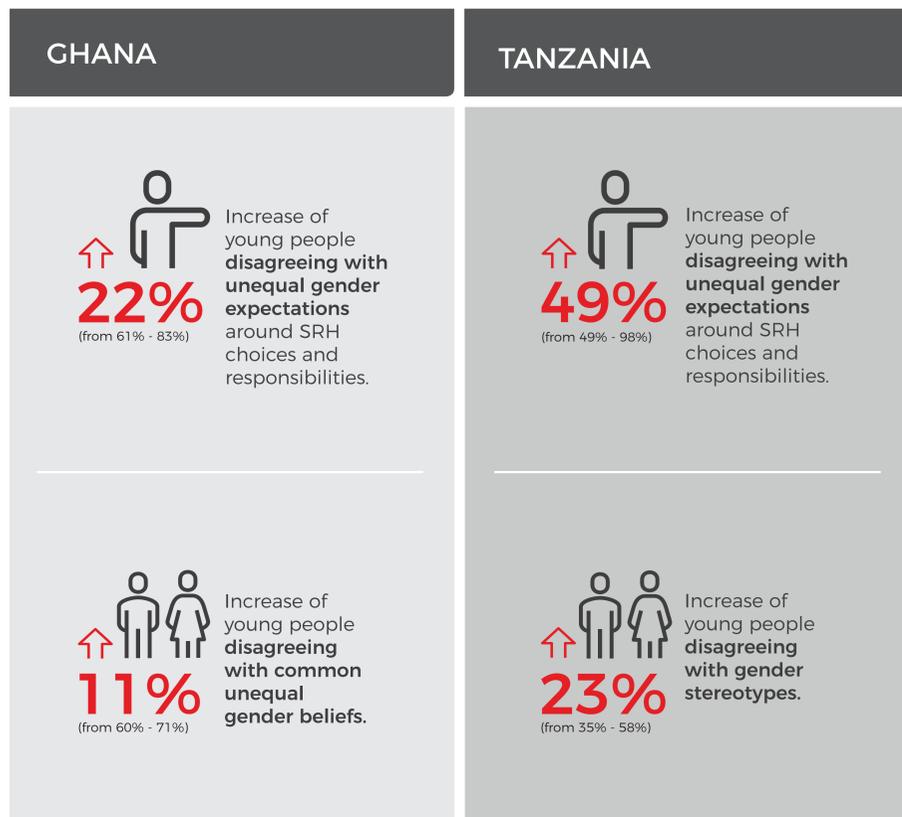


# TACKLING GENDER INEQUALITY TO REDUCE HIV AND SEXUALLY TRANSMITTED INFECTIONS

Results from the evaluation of the Dance4Life sexuality education programme in Ghana and Tanzania.

## RESULTS GENDER PER COUNTRY



## ← BACKGROUND

Comprehensive Sexuality Education (CSE) curricula addressing gender have shown positive Sexual and Reproductive Health (SRH) outcomes. Dance4Life developed a CSE curriculum - The Journey4Life - with a strong gender component. Through the sessions, 10-19 year olds critically reflect on gender inequalities and build life skills empowering them to lead healthy (sexual) relationships. In 2018 an evaluation took place in Ghana and Tanzania to investigate the achievement of the Journey4Life's ultimate goal: foster positive sexual behaviours among young people.

## 🔍 METHODS

A pre-post questionnaire was administered face-to-face among 300 adolescents aged 10-19 years in Tamale and Talensi (Ghana) and self-administered among 103 adolescents aged 13-18 years in Lindi (Tanzania). It explored gender equal attitudes and SRH-related confidence, attitudes and behaviors. Questions and mode of administration were chosen by the partner organizations as part of the contextualization process promoted by Dance4Life.

## RESULTS BEHAVIOR PER COUNTRY



## CONCLUSION

The emphasis on gender in the Dance4Life Comprehensive Sexuality Education (CSE) curriculum contributed not only to promote gender equality among young people in Ghana and Tanzania, but also to foster positive sexuality to reduce HIV and STIs. CSE curricula should address gender across different sessions and focus on supporting young people to critically reflect on this topic.